

2025 RBSA Women's Sailing Opportunities



1-Beginner Clinics-learn the basics of sailing

2-Open Group-Beginner to Intermediate sailors

3-Intermediate Sailing

*Cost: RBSA Members free. \$50 per day for Non-members

1-Beginners Clinics

Learn the basics of sailing on a Flying Scot and possibly transition to a Sunfish. (Class limit of 6).

- Six dates available, each 9:30-noon on Tues or Wed, with Thurs as make-up day, if needed due to weather.

Tues, May 27	Wed, May 28	Thurs, May 29 (make-up if needed)
Tues, June 3	Wed, June 4	Thurs, June 5 (make-up if needed)
Tues, June 10	Wed, June 11	Thurs, June 12 (make-up if needed)

2-Open Group- Beginner to Intermediate

Learn basic to intermediate skills on a Flying Scot/Sunfish. Communicate specific needs, such as docking a boat.

- Sunday mornings 9 a.m. to noon, starting June 22.

3-Intermediate Sailing

Women participate in a variety of activities. Examples: sailing upwind & downwind between buoys, sail to a certain point (such as Thompson Island) or buoy, follow the leader, capsize drills, starting a race (using timed sequence). Possibility of Social Hour some weeks after sailing.

- Wednesday Afternoons 3:30-6 p.m., starting June 18 (excluding June 25), with class limit of 10.

Intermediate Sailors must be able to sail a Sunfish independently as determined by instructor.

Important Details

Sailors must sign up ahead of time: nhj4sports@yahoo.com or 302-382-2695.(Nancy Jaywork)
Payments are to be made at RBSA: cash, check or card at least 15 min. before clinic starts.

Where: RBSA: 38767 Rehoboth Bay Sailing Assoc Lane. Just south of Dewey Beach on Rehoboth Bay